

E³ Engage, Educate, Empower: A Formula for Success

Saturday, March 14th, 2015

Philomathean Club - 1000 N. Hunter St., Stockton

The Philomathean Club (Philomathean means "Lover of Learning") first met in 1893 and this site was completed in 1912. It is on the National Register of Historic Places and a perfect venue for our E³ March meeting.

This meeting will address all three areas of the E³ goal we set for ourselves. There is parking behind the building and ramp accessibility. Carpooling is suggested as being friendly and sustainable.

Mary Jo Gohlke our featured speaker will share her book Remarkable Women of Stockton.

We will hear about the women who helped, and indeed are still helping shape Stockton. One of the women written about is still a member of AAUW! One of the ladies may pop off the pages and talk to us. We will see the different paths these remarkable women followed and how their lives and choices empowered so many.

Mary Jo Gohlke has copies of her book for us for \$20, no tax. Before the meeting books can be purchased at Barnes and Noble or the gift shop of the Haggin Museum.

Making present day history, local students will present their winning essays and the winning speech which garnered the winners cash prizes. It is exciting to be an active participant in helping people pursue their educational goals.

Please join us this month at our very special venue with our very special guests.

Peggy Guttieri and Pat Hague
Program Co-Chairs

Schedule:

- 9:00 Registration/ Coffee
- 9:30 Monthly Branch Meeting
- 10:00 Essay Contest and Speech Trek
Winners
- 10:30-10:40 Break
- 10:40-10:45 Special Guest: Julia Weber,
building the Philomathean Club
- 10:45 Featured Guest Speaker
Mary Jo Gohlke
Remarkable Women of Stockton
- 11:30 Lunch by M&W Bakery

Box Lunch: Fresh fruit, Choice of **Turkey, Ham, or Veggie** sandwich and a brownie.
Coffee, tea and iced tea. \$10

Reservation Deadline: Sun., March 8th

Checks Payable to AAUW

Questions?? Call Pat Fluetsch at 951-6822

Reservations MADE Must Be PAID.

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(Sunday School; Childcare provided)

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We affirm and promote the inherent worth and dignity of every person and are a welcoming congregation.

President's Message



Coming together in celebration is one of life's pleasures. On the weekend of February 14th-15th, I attended two celebrations that brought me great joy. First, was Saturday's African American History program at the Hilton Hotel that AAUW presented in collaboration with four outstanding organizations. Be sure to read all about it in Jeanne Gaia's excellent minutes in this issue of the Delta Steamer. I want to say "congratulations" and "thank you" to AAUW Director-at-Large for her efforts in making this an outstanding event. Helen is showing me the way when it comes to pulling off a quality program. It starts with a vision. Then the hard work begins. I will be tapping Helen's expertise as AAUW expands our collaborations in the future.

Sunday, February 15th, I sat at the AAUW table at the Susan B. Anthony Banquet. Kudos to AAUW member Beverly McCarthy, whose vision 40 years ago created this outstanding event. What a joy it was to hear from each of this year's honorees. They are such an inspiring and diverse group. I was especially impressed by honoree and AAUW member Essie Gilchrist's remarks. Stating that "iron forges iron," she asked us to raise our glasses to toast Beverly McCarthy and Wilhelmina Henry as inspirations to us all. Well deserved!

I look forward to another opportunity to gather together in celebration, this time at our next branch meeting on Saturday, March 14th, at the Philomathean Club. We will be celebrating Women's History Month, with Mary Jo Golhke discussing her book on remarkable women of Stockton. Our own Beverly McCarthy is featured in the book!

Ronda Sanders
President


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Delta Steamer

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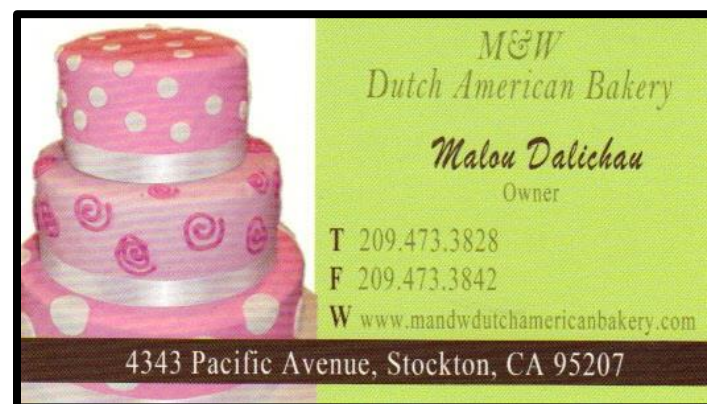
STEM Trek

What a great February for our girls! They were able to take in a presentation by Suzanne Shultz titled "Love You to Death," which dealt with dating and domestic violence. This powerful message was delivered on the UOP campus. The girls brought along their mothers and sisters, which helps "spread the word" exponentially. In fact, we often find that we have to mentor the mothers, as well, who may lack the skills to bring up girls who will become achieving, productive citizens of the future.

On February 21st, the girls were treated to a different kind of presentation. Jamie Sanchez, a local Esthetician, presented a skin care class discussing techniques to keep their skin healthy throughout their lifetimes. Every age has its skin care challenges!

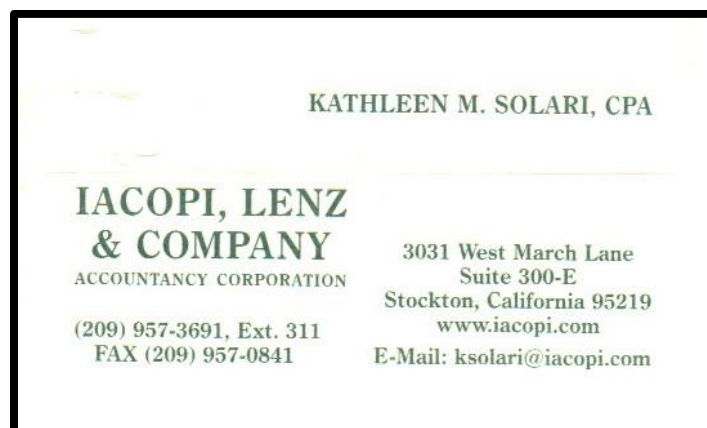
Our next activity, on March 21st, will take us back to the San Francisco bay area, where we will visit the Apple campus in Cupertino and have a personal tour. Following that, we are scheduled to visit the Computer History Museum in Mountainview for demonstrations of the first computers and a self-guided tour of the history of a technology that none of the girls have ever been without!

in the directory. To borrow a slogan from the Sleep Train company, not everyone can be a mentor, but anyone can help the mentor program!



Left to right: Ronda Sanders, Julie Pichardo, Tom Jones, Michelle Zachlod, Jon Deak, Pam Mallett-Jones, Hugh Lilly, Jeanne Gaia.

The Flesh Free Gourmet group met for their quarterly dinner on Sunday, February 8th at the home of Ronda Sanders. The dinner followed a New Orleans Mardi Gras theme. It was an enjoyable evening of congenial, like-minded people. The vegetarian menu started with a signature cocktail, the French 75 which consisted of champagne, gin, sugar and lemon - shaken, not stirred! To accompany that, appetizers of hush puppies with sauces, okra and watermelon pickles and a white bean crostini were served. The meal, eaten to the strains of New Orleans jazz, was redolent with southern Creole flavors: vegetarian gumbo, sautéed greens, Mardi Gras cole slaw and cheese biscuits. A delightful bread pudding rounded out the sumptuous fare. The group's next meeting will be held in May.



\$STEM Funds\$

Sally Hall has graciously taken on the job of raising funds for our STEM Trek program, so that we can keep on making a difference in the lives of girls. She asks that if any members know of businesses, foundations and organizations that we may solicit for donations that you inform her. Her contact information is

Title IX Cheerleaders

MARCH GAME OF THE MONTH!

What: College Level Women's Water Polo
Pacific Lady Tigers vs. Santa Clara University Broncos



When: Saturday, March 28th, 2015
Mid-afternoon (The actual time will be determined and sent to attendees closer to the event).

Where: Kjeldsen Pool, north of Spanos Center near the Pershing Ave. west entrance to the UOP campus. (As you enter the campus from Pershing, Spanos Center is on your right, and the pool is on your left).

Parking: Free; park in lot just east of pool.

Cost: \$0

RSVP: cindymilf@comcast.net or 477-5984



Cheerleaders and friends: Dive right into this league event! Buoy the spirits of the Pacific Tigers and the Santa Clara Broncos as they vie for that elusive ball while treading water. The Title IX Cheerleaders return to the pool after last year's visit when three different sources gave us three different times. This year we'll try to get an accurate event time. Members of our Branch's 40-person cheer-leading squad will wear our bright blue T-shirts proclaiming "AAUW Supports Title IX!" You do not need to have an official shirt to add your voice to the cheers. Simply wear a sky blue shirt or sweater to the game, or borrow a loaner M or XL shirt from me (just phone). As we attend each monthly local athletic event, we'll be supporting female athletes while raising AAUW's profile in the community.

Phone 477-5984 to get on our e-mail/phone list. You'll receive a reminder the week prior to the event. See you poolside!

League of Women Voters Hosts Groundwater Forum

Not only is California facing another year of drought, but we now know that San Joaquin Valley aquifers are seriously over-drafted. We can no longer take our groundwater for granted as a backup source of water. To explore local issues related to groundwater, the League of Women Voters will host a forum on March 21st, "Groundwater in San Joaquin County: Challenges to Managing a Vital and Threatened Resource."

Panelists include former County Supervisor Ken Vogel, who closely followed legislation related to both surface and groundwater during his terms on the Board of Supervisors. Also on the panel will be representatives of San Joaquin County, the City of Stockton, and the San Joaquin County Farm Bureau.

The League invites you to come and learn about the connections between our surface and ground water, efforts to manage our county's groundwater, impacts of groundwater on our vital agricultural economy, and the local effects of the historical 2014 groundwater legislation.

The forum will be held in the West Hall at O'Connor Woods, 3400 Wagner Heights Road, Stockton, from 9:30 to 10am for Meet, Greet and Selected Activities related to groundwater. 10am to 12pm for the Forum and 12-12:30pm for Questions. It is open and free to Members and Members of the Public.

AAUW members: Please RSVP

For more information, contact: Jane Wagner-Tyack, (209) 642-5105 or JaneTyack@mac.com



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For the Guys

Do you know men who are secure enough in their own masculinity to become a member of AAUW? Some enlightened men have recently inquired about membership in our Stockton branch. We invite, encourage and welcome male membership. Your college-graduate husbands, brothers, friends or significant others are invited to join you for an informal, no-host get-together at Valley Brewing Company at 6pm on Wednesday, March 18th. Women who are interested in membership are also invited to meet and mingle.



Brunch at Boudin's

Holiday Brunch at Boudins' on Jan. 3rd was enjoyed by 20 Wonderful Women. Speaking of wonderful women, since March is Women's History Month, if you would like to - please plan to speak briefly (2 minutes or less) about a woman you admire or who has been an inspiration to you.

Our next AAUW Brunch at Boudins' will be Sat., March 7th, from 10:30am until Noon.

Boudin's is located at 5615 Pacific Ave., Stockton. [209.952.2000](tel:209.952.2000).

PLEASE RSVP to Bobbiej49@aol.com or call [209.334.5711](tel:209.334.5711) by Thursday, March 5, Noon.

Thanks, Bobbie Landau

April meeting date change to April 11th.

June meeting change to O'Connor Woods.

"Weathering" Retired Life (Comments by Pat Miller)

Our Stockton Branch sister Pat Miller moved over the summer to Blacksburg, Virginia, where her sister lives. She's also closer to her brother and his family who live in Vermont. Here, in her own words, are a few peeks into her East Coast life, where she continues to support AAUW's mission (note the underlined phrases), and the winter weather is, shall we say, *interesting*:

(In a note attached to her LAF fundraiser check):

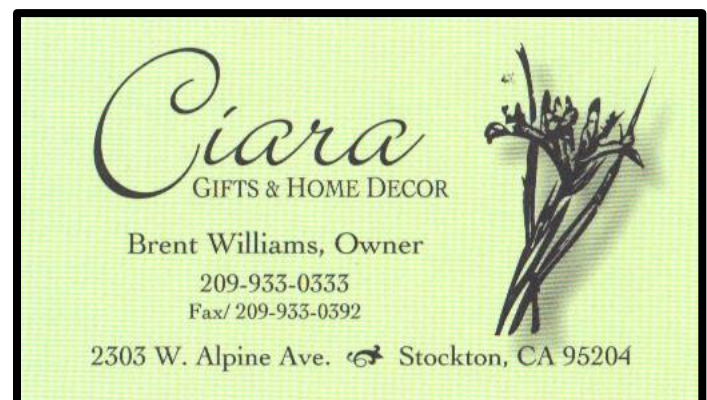
>I certainly am enjoying the life of retirement. I have great neighbors, a nearby Activity Center with a gym, salt water pool, and many exercise classes. Tonight I am going to a free piano concert.

(In a Feb. 16th e-mail):

>The weather in Virginia is certainly volatile. The beginning of last week, we were having temperatures in the high 60's. By Saturday, the temperature had plummeted to the low teens and we were having snow flurries. At 7:30 PM, the lights went out and did not return until 11:30 PM. Molly (her cat) and I decided to snuggle into bed at 9:00 PM and slept toasty warm until the lights came on. My house is well insulated so it never got cold inside. Sunday morning it was 2 degrees but sunny. Right now it is back in the teens and snowing. By Tuesday, they anticipate around a foot of snow in our area, and throughout the week temperatures should stay in the teens. Needless to say, I enjoy being retired and able to stay inside. It looks like a winter wonderland outside.

>In talking with my sister, she remembers that Virginia Tech only added women's basketball about the time they came to the Blacksburg area. In the spring, I just might go to a women's sports event wearing my "AAUW Supports Title IX!" t-shirt.

Pat's AAUW-Stockton sisters join me in saying, "You go, girl!"



California Women's Policy Summit

California Center for Research on Women and Families held its 3rd statewide policy gathering on January 15th in Sacramento. Five hundred women attended the meeting. CCRWF is the leading advocate organization for developing priority recommendations for the legislature to help women and their families rebound from the Great Recession with jobs and benefits that help them succeed. Discussed at the meeting were proposals, programs and action steps to advance women's health, wealth and power. Many of California's state and local leadership led the sessions and the honorable Toni G. Atkins, Speaker of the Assembly, was keynote speaker. AAUW was one of the co-sponsors.

Their proposals identified measures to decrease women's poverty and promote economic opportunities, help working parent and caregivers balance work and personal obligations, and prevent human trafficking and violence against women and girls. A first-time women's Health Faire was offered with 22 groups participating. A daylong leadership training session was held to train young women to explore careers in government and public policy.

Important New Paid Family Leave legislation was announced by Senator Hannah-Beth Jackson and every one was encouraged to participate in an Awareness Campaign, #HowICare by telling their family, friends and colleagues more about the plan.

In 2002, legislation (senate Bill 1661) extended disability compensation to individuals who take time off from work to care for a seriously ill child, spouse, parent, domestic partner, or to bond with a new child or a child in connection with adoption or foster care. A maximum of six weeks' benefits will be paid. Time taken can be spread over a 12-month period. In 2013, legislation (Senate Bill 770) expanded eligibility to also include the following family members: parent-in-law, grandparent, grandchild and sibling.

A recent survey showed that less than one-third of Californians are aware of the paid leave. People don't have to be forced to choose between caring for a loved one and trying to make ends meet.

You can make a change!!

Learn more about this valuable program at www.paidfamilyleave.org #HowICare

Marilyn Wylie – International Chairman

LEGAL ADVOCACY FUND NEWS



***Branch Fundraiser Update**

We're more than halfway to our goal of 60 Branch members participating in our LAF Fundraiser! By February 21st, **38 Stockton Branch sisters had contributed \$1,550 to help Stamp Out Inequity in amounts of \$5 to \$150.** Look for the white legal-size envelope from AAUW-Stockton that arrived the first week of February. Inside is a stamp, which you are encouraged to place on the included small envelope addressed to me, Cindy Milford. Slip in a check for any manageable amount payable to AAUW-Stockton with "LAF" on the memo line. OR, if you've misplaced the envelope, you may hand me your contribution at our next meeting. **If we receive your check before or at our March 14th meeting at the Philomathean Club, you'll be eligible for the Early Bird drawing, at that same meeting, for a \$30 Mimi's gift card! The fundraiser ends on June 1st.**

***Do You Know Your Rights?**

What would you, a friend, or a relative do if you faced discrimination or harassment at work or school? Legal advocacy begins with workers and students who understand their rights and challenge discrimination in their own lives. The LAF section of AAUW's website offers a wealth of easy-to-understand information about your legal rights. Do the following:

>Enter "Legal Advocacy Fund: AAUW" on the Google search line. Select the first entry, which will take you right to the LAF page. Then click on the topic in which you're interested, including:

>Know Your Rights at Work: Learn more about the laws that govern your rights in the workplace.

>Know Your Rights on Campus: Check out your rights as a student, student athlete, or faculty member.

>Finding Legal Assistance: Find information about the process of filing a discrimination complaint.

Watch for LAF News, including updates on our fundraiser, in upcoming Steamers.

-Cindy Milford, LAF Chair-

AAUW STOCKTON BRANCH, INC. MEETING

Saturday, February 14, 2015

Stockton Hilton, 2323 Grand Canal Boulevard

Program Theme: *African American Women Breaking Barriers in Public Service*

President Ronda Sanders called the meeting to order at 10:05 a.m. Guests welcomed were Ada Dukes, Dolores DeCarli, Kris Leach, Phyllis Hensel and Ngozi Clobaibe.

The President welcomed the members and representatives from the organizations that cosponsored the 3rd annual African American History program for the Stockton community.

They are the following:

Shirley Washington, President, Alpha Kappa Alpha Sorority Inc., Mu Zeta Omega Chapter

Jamie Reddish, member, Delta Kappa Gamma Society Inc., Tau Chapter

Marcia Elam, member, The Links, Incorporated Stockton Chapter

Shanelle House, President, Delta Sigma Theta Sorority Inc., Stockton Alumnae Chapter (not able to attend)

Helen Smith, AAUW Director-at-Large, worked on the committee with the above representatives and hosted the event.

Helen Smith's introductory remarks included a brief summary of Black History Month, the above theme and introductions of the Stockton Women's collaborative committee (stated above). She also acknowledged other public servants: Bobby (President) and Lujana Bivens, NAACP, Stockton; Geraldine Hollis, one of the Tugaloo 9; Delores DeCarli, college student helper to many Afro-

American women in Selma, Alabama, and several other community activists. Shirley Washington sang inspirational songs before the video presentation: "The Balm in Gilead."

Lujana Bivens introduced our statewide and nationally-renowned guest speaker, Alice Huffman, president of the California NAACP. Under her leadership, the organization has accelerated into one of the most sought-after organizations in California's policy arena. Ms. Huffman's inspirational speech shone with humor and insight. She gave a brief biography of her life's progression toward where she is today, working with other organizations to promote and solve important issues for African Americans. She believes in the "power of intention," where faith and perseverance can lead you to where you want to be in your life. Women make great leaders. Move to the next level using our "power of intention" by joining forces and working together to effect change. In this room resides the future of our community. Put our collected efforts and money in education, health services, restoration of communities, local businesses to improve community life for all.

In conclusion, Helen Smith presented Alice Huffman with a certificate from all the organizations. Then, Shirley Washington Smith presented certificates to "Local Heroes." Honorees are Nora F. Clipper, Wilhelmina Henry and Addie Smith.

The meeting adjourned @12, with closing remarks by Helen Smith and a food blessing by Cynthia Milford before lunch was served.

Respectfully submitted by Jeanne Gaia,
Acting Branch Secretary



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Vision: AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measureable change in critical areas impacting the lives of women and girls.

Mission: **AAUW advances equity for women and girls through advocacy, education, philanthropy and research.**

Value Promise: By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance.

March Calendar

Day	Date	Time	Event	Location/Contact
		Online Anytime	Submission of Articles/Pictures for stockton-ca.aauw.net Web Page	ronsan3628@sbcglobal.net
Sat	7	10:00am	Boudin Brunch	Bobbie Landau at 334-5711
Sun	8	All Day	Reservation Deadline	Pat Fluetsch at 951-6822
Mon	9	6:00pm	Board Meeting	Home of Ronda Sanders
Sat	14	9:00am	E ³ : A Formula For Success	Philomathean Club
Tue	17	7:00pm	Book Group <u>The Awakening</u> By Kate Chopin	Discussion Leader: Kay Owen Hostess: Irene Case <i>New Members Welcome</i>
Wed	18	6:00pm	Men's Membership Mingle	Valley Brew
Wed	18	6:30pm	Needlework Meets – New Members Welcome	Home of Coralita Rathhaus
Sat	21	9:30am	LWV Groundwater Forum	O'Connor Woods
Wed	25	7:00pm	New Members Meeting	Home of Pam Mallett-Jones
Sat	28	TBA	Game of the Month – UOP Women's Water Polo	Kjeldsen Pool, UOP