



News and Events from AAUW Stockton Branch, Inc.

Volume 53 No. 8 April 2018

Equal Pay for Equal Work

Saturday, April 14th, 2018 Central United Methodist Church

Equal pay day is Tuesday, April 10th, 2018. This date symbolizes how far into the year a woman must work to earn what men earned in the previous year. Because women earn less, on average, they must work longer for the same amount of pay. This month's meeting will focus, in part, on this anomaly.

California's Fair Pay Act and other legislation that affects the status of women today will be the topic of discussion at our April meeting. We are delighted and honored to have Assemblywoman Susan Eggman as our featured speaker to address us on measures that impact women and girls in California.

As a prelude to our speaker, our AAUW speech contest winners will present their speeches on the topic "How can we stand up to sexism?"

Join us at 9:30am at Central United Methodist Church for our Saturday, April 14th meeting.

Schedule:

9:30 Registration: Coffee and Breakfast Treats

10:00 Business Meeting: Bette Outlaw

10:30 Speech Contest Winners

11:00 Break

11:15 Featured Speaker: Susan Eggman

12:30 Adjourn

<u>Menu</u>: Noah's breakfast box, featuring bagels and sweets, schmeres, fruit salad, orange juice, coffee, tea, and water.

<u>Cost</u>: \$12 (to cover breakfast, room rental, and guests) Meeting only \$5

Reservation Deadline: Monday, April 9th
Checks Payable to AAUW

Reservations: Call Joan Erreca,

Reservations Chair 478-1457

Reservations MADE Must Be PAID.



First Unitarian Universalist Church Of Stockton

-A Liberal Religious Community-

2737 Pacific Ave. at Bristol St. (Sunday School; Childcare Provided)

Contact Us: stocktonuu.org (209)466-7743 contact@stocktonuu.org

We affirm and promote the inherent worth and dignity of every person and are a welcoming congregation.

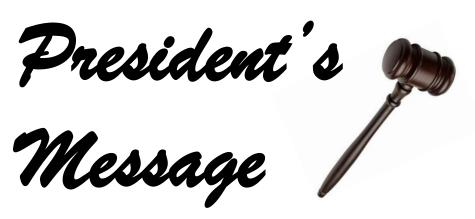
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Making AAUW visible in the Stockton community has been a goal of mine throughout my term as president of AAUW, Stockton Branch. I'm happy to say that more and more people recognize us and appreciate what we do. In March we were invited to be part of the "Herstory" event celebrating Women's History month at the Haggin Museum where over 200 people had the opportunity to learn about our organization. When AAUW members were recognized and asked to stand at the event, we were well-represented.

We were invited to table at San Joaquin Delta College's Women's History Month resource fair on March 8th. Students, staff and faculty members stopped by to learn about AAUW.

At our March 10th branch meeting we filled the large Fellowship Hall at Central United Methodist church. Sitting alongside AAUW members were artists from San Joaquin Delta College, University of the Pacific and the Stockton community. Two of our essay contest winners brought extended family members to hear them read their Attendees saw a wonderful art show with artwork addressing the theme, "Empowering Women and Girls." artwork was available for church goers to view on Sunday.

Thanks to all who made these events so successful. We are growing in membership because of our visibility in the community.

> Ronda Sanders President



2017-2018 **Elected Board of Directors**

President

Ronda Sanders

Presidents-Elect Donna Hammel Van Ha To-Cowell

Directors at-Large Jo Wagner and Jamie Davis

Program Vice Presidents Sandra Mazzoula Marilyn Platt

Membership Vice President Diane Oren

Financial Vice President Bette Outlaw

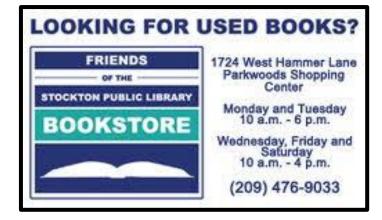
Membership Treasurer Monica Frischkorn

Secretaries Alice Malde/Katherine White

Branch Website: Ronda Sanders stockton-ca.aauw.net

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STEM Trek

What a great activity we had on March 17th! The day was titled "Live Your Best Life" and the STEM girls were invited to "Each One Bring One" meaning that they could invite a sister or friend to join us.

We all gathered at the WorkNet building secured for us by the husband of mentor Rosa Solis. Our first order of the day was to review the etiquette of introducing guests to others. Then we were joined by Lorena from the U.C. Cooperative Extension. For the next hour Lorena led the girls (and mentors!) on a journey through the nutritional benefits of following the My Plate rule which has replaced the old food pyramid. The girls were able to track the fat, calories, sugar and other ingredients in their favorite fast food meals. They were surprised to find out what they have been unwittingly consuming.



Next the girls divided into three groups to rotate through stations. The first was a lesson from Pam Mallett-Jones showing them how to use the natural items already in their kitchens for skin care in order to avoid unnecessary chemicals in their cosmetics. The next was a lesson from mentor and Dental Hygienist, Shari

DeAngelis who reviewed good dental practices. Finally, Paula Almaas showed them how to download helpful fitness aps on their phones to track their healthy practices.

After a healthy salad bar lunch the day resumed with a yoga lesson followed by a meditation session by community volunteers. The girls are now aware of being mindful about all they do.



Each girl left with a swag bag full of goodies such as a water bottle to encourage hydration, a sleep mask to help get enough needed rest, sunscreen to protect their skin, dental hygiene products and calculators to help compute their BMIs. One of the most exciting items in the bag was a copy of Lab Girl, a novel by Hope Jaren. These books were generously donated by Helen Mar for our girls. We all thank her - and hope they don't stay up too late reading it!

The day ended with a drawing for door prizes which included a bathroom scale.

We mentors truly enjoy helping the next generation of women to be the best they can be in all areas, social, academic and personal wellbeing.

Great things are in store for April so watch this space!



Speech Trek

Congratulations to AAUW Stockton branch for having a finalist in the 2018 state Speech Trek competition! Chloe Johnson from Bear Creek High School, who was the first place winner in our contest on January 15th, has been named one of three top finalists from northern California. Chloe will go on to compete for up to \$1,500 at this year's state convention. She and a chaperone will travel to Irvine for the competition on April 28th.

Members will have the opportunity to hear Chloe's speech at the branch meeting on April 14th along with the 2nd and 3rd place Speech Trek winners.

"Empowering Women and Girls" Art Show and Contest

Our second annual AAUW art show was a resounding success with 25 artists participating. AAUW members and artists from the Stockton community participated alongside students from San Joaquin Delta College and University of the Pacific. The college students competed for cash awards.

The winners are:

1st Place, **Bonny Barker** (Delta), \$200; 2nd Place, **Meghan Lacombe** (Pacific), \$150; 3rd Place, **Mia Arostigui** (Pacific), \$100; Honorable Mention, **Dawn Basnett** (Delta), \$50.



College art contest winners: Dawn Basnett, Mia Arostigui, Bonny Barker, Meghan Lacombe.

27th Annual Trivia Bee



Friday, April 27th Stockton Arena 5– 9:30pm

We have our sponsor, who prefers to be anonymous and we have our Team, composed of Jo and Joel Wagner and Sandy Mazzuola. We usually have a very large member participation, so I am purchasing 16 tickets, to start. The tickets are \$30, which includes dinner. Send your check to me and I will mail the ticket back to you.

This year's Trivia Bee will be based on "CALIFORNIA DREAMERS-BUILDERS, ENTERTAINERS AND ENTREPRENEURS." If you have some ideas about table decorations and/or are willing to help decorate, let me know. This is always a fun evening.

Thanks, Bette Outlaw

Dear Members,

The AAUW Board of Directors voted in June 2017 to enact the first dues change in almost a decade. Effective March 16th, 2018, national dues will increase from \$49 to \$59.

Annual dues currently account for 13 percent of AAUW's annual budget. They help to sustain and grow AAUW's programs and work that advances equity for women and girls. A combination of dues, donations, and corporate and foundation funding is critical to supporting AAUW's salary negotiation workshops, groundbreaking research, advocacy efforts, campus leadership programs, and so much more.

This means the annual membership fee, starting with the 2018-2019 renewal year will be \$99 (national dues of \$59 and state dues of \$40). As your membership treasurer, I believe together with AAUW we can continue to do great things and thank you for your continued support.

Monica Frischkorn Your Membership Treasurer

Title IX Cheerleaders april game of the month!

After scrubbing the last two Games of the Month due to AAUW activity conflicts or rain, we're trying once again to attend a softball game! Let's do it this time!

What: Community College Level Women's Softball - Delta Mustangs vs. Diablo Valley Vikings

When: Saturday, April 7th, 12 noon

Where: The Bucky Layland Softball Complex

Cost: General Admission--\$6; Seniors 60+ and High School Students--\$4; Kids 12 and under--\$0 Parking: From Pershing, enter the Delta Campus at the West Entrance (W. Burke Bradley Drive), just as we do for basketball games. Keep veering left, where you'll see the stadium and the softball diamond. The first parking lot on your left, next to the diamond, is the Athletic-1 parking lot. Park there and walk southwest toward the ticket booth, where you'll check in. It's Saturday so there's no parking fee. Consider carpooling!

Rain cancels!

<u>RSVP</u>: Cindy Milford by phone: 209-477-5984 or e-mail: <u>askwhynotnow@gmail.com</u>
Since we're paying for our tickets, a list of attendees is not required; however, RSVP by 10:00

AM, Friday, April 6, so I'll know whom to expect AND whom to contact if our attendance is cancelled due to rain.

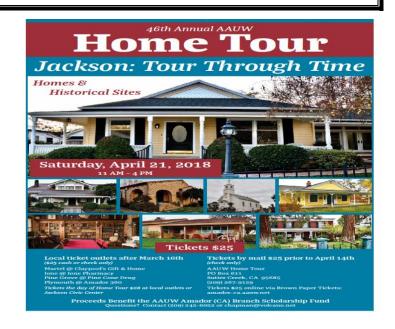
<u>Carpool?</u> Contact me (see RSVP) so I'll know if you're coming. We'll <u>meet at Toot Sweet's</u> in the shopping center behind CVS at the NW intersection of Quail Lakes Drive and March Lane. I know that there are places closer to Delta, but Toots is easily accessible, is in a relatively safe parking area, and provides a pleasant stop for coffee, pastries, or a meal. I'll arrive there at 10:45 for brunch, so join me then if you're interested. Or just show up in time to <u>leave at 11:30</u> for Delta! If you cancel at the last minute, please call me on my cell—209-481-2227. Thanks.

<u>Wear Blue!</u> Members of our Branch's 40-person cheerleading squad will wear their bright blue T-shirts proclaiming "AAUW Supports Title IX!" To borrow a loaner shirt sizes L or XL, contact me ahead of time. (See RSVP.) You do not need to have an official shirt to add your voice to the cheers, however. Simply wear a sky-blue shirt or sweater to the game, if possible.

See you at the game!



Stockton's March for Our Lives





Coming Soon

Not just another fundraiser but......a special cookbook fundraiser to support the STEM program.

STEM has typically been a self-supporting program, through garage sales, Applebee's Pancake Breakfasts and private donations, so now is the time to supplement their budget in a different direction.

This fundraiser includes you and you and you. We're focusing on a historical cookbook where everyone will want a copy.

Ideas include: an artistic cover, brief history of AAUW Stockton, photos of branch community events and of course, STEM activities.

Now comes the fun part: Send in your favorite recipes, your mother/grandmother's recipes, and invite friends to send their recipes ALONG with a small photo of the sender, to me.

The cut-off date will be September 1st to ensure the cookbook is completed and ready for sale at the Home Tour, Sunday, November 4th, 2018.

Please lend your support for this fundraiser and start sending in those recipes, Send to bou82235@aol.com or mail to P.O. Box 690663, Stockton, 95269.

Stockton City Council adopts C.E.D.A.W.

On March 20th, 2018 an enlightened City Council unanimously voted to adopt THE CONVENTION TO ELIMINATE ALL FORMS OF DISCRIMINATION AGAINST WOMEN (CEDAW). This document is also known as "Women's Convention" or the "Women's Bill Of Rights".

In speaking before the City Council, Beverly McCarthy said that the United Nations adopted CEDAW on December 18th, 1979. The call for a Women's Convention, she said, emerged from the First World Conference on Women in Mexico City in 1975.

Prior to the UN Assembly adopting the Women's Convention, there were no conventions that addressed comprehensively women's rights within political, cultural, economic, social and family life around the world, Ms. McCarthy said.

The Convention is important, she continued, because it is the first time a comprehensive and detailed international agreement that supported the advancement of women was created. It provides women with rights in areas not previously supported by international standards. A clear definition of discrimination on the basis of sex is established by the Convention.

The Convention supported action in all field of human endeavor and provides for equal opportunities: political, law, employment, education, health care, commercial transactions and domestic relations. A committee was created to evaluate periodically the progress of the participants.

Mrs. McCarthy told the Council that the United States Conference of Mayors adopted a resolution in June 2014 encouraging cities, counties and states to adopt the Convention's resolutions.

With passage by the City Council, Stockton joins the cities of San Francisco, Long Beach, Los Angeles among other California cities and counties in adopting CEDAW. For complete information on CEDAW's human rights treaty go to the CEDAW's Website.

Marilyn Wylie Public Policy Chair Beverly Finch McCarthy President San Joaquin County Commission on the Status of Women



™ Directory updates

Please make the following changes to your Directory:

New Members:

Janie B Reddish

5989 E. Fremont St.
Stockton, CA 95215

(h): (209) 931-2168 (c): (209) 483-7658
email: reddishjvb@gmail.com
University of the Pacific

Kristen Birtwhistle

4671 Pebble Beach Dr, Stockton, CA 95219 (c): (209) 642-0725 email: Krissb1964@live.com University of the Pacific

Occeletta Briggs

2373 Learned Ave. Stockton, CA 95205 (h): (209) 463-3481 email: OEBriggs@sbcglobal.net University San Francisco

Heidi Cortelvou

6324 Savannah Pl.
Stockton, CA 95219
(h): (209) 477-3583;
hcocoon@comcast.net
Northern Illinois University, 1961

Fran Bott

2250 Scarborough Dr. #48
Lodi, CA 95240
(c): (209) 609-9371
franbott@yahoo.com
University of La Verne 2008

Address Change:

Peggy Guttieri

3400 Wagner Heights Rd. #172 Stockton, CA 95207

Please make these changes to keep your Directory current. If there are additional corrections, please let Bette Outlaw know.

Nominees for the 2018-2019 AAUW Executive Board

Co-Presidents: Donna Hammel

Van Ha To-Cowell

Program Vice-Presidents:

Sandra Mazzuola (2nd term)

Ronda Sanders

Financial Vice-President:

Bette Outlaw (3rd term)

Director at Large: Kendra Hall

Members will vote on these nominees at the May meeting.

Note: Kathy White will be in her second year of her 4th term, as board Secretary.

Alice Malde will be in her second year of her 5th term as Branch Secretary

Ronda Sanders has just completed 7 years as Branch President.

This leadership and commitment helps keep Stockton Branch strong, just as committee chairs/members and branch members, in general, keep us focused on our mission. Thank you all.

And the Winner Is...

The RIF Bird has sung you a sweet invitation
In <u>Steamer</u> and letter. But if procrastination
Has kept you from sending an amount high or low,
Do so right now so our book stacks can grow!

<u>Kids' literacy</u> is the winner; however, I'm not "jawing"
When I say <u>you</u> could win the Early Bird Drawing!

This fund drive bolsters the Reading Is Fundamental account for 2018-19. At the time of this writing, 68 generous AAUW sisters and brothers have totally funded AAUW-Stockton's fall RIF book distribution and are depositing moneys for its spring counterpart. Why wait till April 30th, the last day of the drive, to donate your gift to literacy? Send it now to the below address because you might win the \$25 Trader Joe's gift card in the Early Bird Drawing at our April 14th branch meeting! If \$10 can buy four to five books for K-6 students at four targeted Stockton schools, just consider what \$20 or \$50 can do!

Make checks payable to: AAUW-Stockton

Memo: RIF Fundraiser Mail to: Cindy Milford

3664 Five Mile Drive Stockton, CA 95219 AAUW Stockton Branch, Inc. DELTA STEAMER P.O. Box 690663 Stockton, CA 95269-0663

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Vision: AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and

measureable change in critical areas impacting the lives of women and girls.

Mission: AAUW advances equity for women and girls through advocacy, education, philanthropy and research. Value Promise: By joining AAUW, you belong to a community that breaks through educational and economic barriers so

that all women and girls have a fair chance.

April Galendar

Day	Date	Time	Event	Location/Contact
		Online	Submission of Articles/Pictures	ronsan3628@sbcglobal.net
		Anytime	for stockton-ca.aauw.net Web Page	
Mon	9	All Day	Reservation Deadline	Joan Erreca – 478-1457
Mon	9	6:00pm	Board Meeting	Home of Alice Malde
			_	2506 Sheridan Way
Sat	14	9:30am	Program – Equal Pay for Equal Work	Central United Methodist Church
Tue	17	7:00pm	AAUW Book Group – "When the Music's Over -	Reviewer: Alice Malde
			"(An Inspector Banks Mystery) – By Peter Robinson	Hostess: Vicki Gaia
Fri	27	5:00pm	27 th Annual Trivia Bee	Stockton Arena